

Programme Schedule – Day 1 (18 October 2024)

Atrium (2/F)

12:00 – 13:30

Workshop on [Inside Out: Public Art and Wellbeing](#)

12:30 – 13:30

Talk on Foresee 2099

13:00 – 13:30

Screening – Bench Encounters

13:30 – 14:30

Talk on Colour of Emotions

15:00 – 16:00

Talk on Fashioning Wellness

16:15 – 17:15

Talk on Listening to the Earth

17:30 – 18:30

Talk on Knowing patients: Emotion, silence and loneliness in illness

19:00 – 19:30

Live Performance – ARCADE

Online session

16.30 – 17:30

Health and Wellbeing in the Classroom
online interactive talk on [Promoting inclusion, not exclusion, of learner languages in English language learning environments](#)

Programme Schedule – Day 2 (19 October 2024)

Atrium (2/F)

11:30 – 12:30

Workshop on [Music in Mind](#)

12:45 – 13:45

Talk on [Music in Mind](#)

14:00 – 15:00

Talk on [Urban Air Cartography](#)

15:00 – 15:30

Screening – [Bench Encounters](#)

15:30 – 16:00

Live Performance - [ARCADE](#)

16:30 – 17:15

Talk on [ARCADE](#)

17:30 – 18:30

Talk on [This Place Has Its Own Air](#)

19:00 – 19:30

Live Performance – [ARCADE](#)

Healthy and Well-being in the classroom Symposium (27/F)

11:00 – 12:00

[A holistic approach on health and wellbeing for teaching professionals](#)

13:00 – 14:30

[Inclusive SEND \(Special Educational Needs & Disabilities\) Practices](#)

15:00 – 16:00

[Prioritising mental health for our youth](#)

16:30 – 18:00

[Well-being for Refugees and Asylum Seekers in Hong Kong](#)

Gate 33 (3/F)

18:00 – 18:30

Lecture Performance – [Nearly Viral](#)

Theatre Room (27/F)

11:00 – 13:00

Workshop on [Time keeps the drummer](#)

14:00 – 15:00

Workshop on [Music Therapy and Me](#)

15:30 – 16:30

Talk on [Advancing the Medical Profession with AI](#)

16:30 – 17:30

Workshop on [Music Therapy and Me](#)

Plaza (G/F)

18:00 – 18:30

Live Performance - [ARCADE](#)

Programme Schedule – Day 3 (20 October 2024)

Plaza (G/F)

16:00 – 17:00

[Workshop on Inside Out: Public Art and Well-being](#)

Atrium (2/F)

11:30 – 12:00

[Talk on Menopause Journey](#)

12:15 – 13:00

[SPARK English Competition](#)

13:30 – 14:30

[Talk on Music Therapy and Me](#)

15:00 – 15:40

[Live Performance – Bench Encounters](#)

16:15 – 17:45

[My Dream Program Presentation](#)

18:00 – 18:40

[Live Performance – Bench Encounters](#)

18:45 – 19:45

[Talk on Bench Encounters](#)

Gate 33 (3/F)

18:00 – 18:30

[Lecture Performance – Sweet Loss](#)

Online session

16.30 – 17:30

[Talk on Locked World Commissions](#)

Healthy and Well-being in the classroom Symposium (27/F)

13:15 – 14:15

[A Bridge to Healthy Futures: Using AI to raise the bar in special education](#)

14:45 – 15:45

[Artificial Intimacy: Getting to the Heart of AI's Influence](#)

16:30 – 18:00

[Well-being for Refugees and Asylum Seekers in Hong Kong](#)

Theatre Room (27/F)

18:00 – 19:00

[Talk on Inside Out: Public art and wellbeing](#)

Interactive Showcase

Gate 33 (3/F)
11:00-20:00

[Locked World Commissions 2024](#)

[Design Your Life](#)

[Sweet Loss](#)

[Nearly Viral](#)

[Music therapy and me \(VR\)](#)

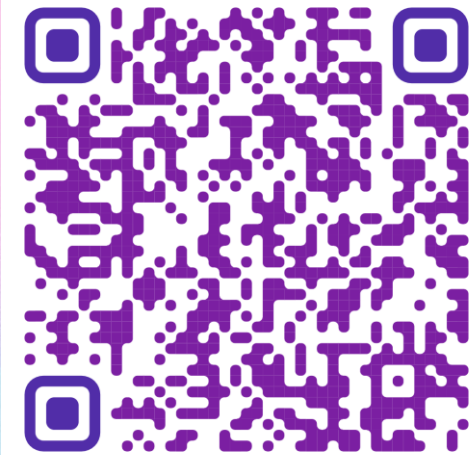
[Fashioning Wellness: A Showcase of Change-making Contemporary Fashion Collection](#)

[Listening to the Earth - Sonifying planetary health ecologies](#)

[Urban Air Cartography](#)

LED ARCH (G/F)
10:00 – 22:00

[This Place Has Its Own Air](#)



Join us on a journey to explore the possibility of a healthier future at AIRSIDE on 18-20 October 2024.